

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2025 PARKVIEW VITALITY CALENDAR GR: Great Room MS: Main St. C: Chapel VT: Village Theater TP: Torrey Pines Activities Difficulty Level: Easy* Medium**						
8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 News & Random Trivia-MS/GR 10:00 Cardio Drumming-GR** 10:30 Volleyball Balloon Game-GR** 11:15 Catholic Communion-C 1:00 Finish the line-MS/GR 1:30 Men's Club: Sports Review-GR** 2:00 Craft Project-MS/GR 2:30 Pop Corn & Family Bingo Social-MS/GR 3:00 Ball Toss-MS/GR	8:30 Aromatherapy & Music Band Era Reminisce-MS* 8:30 National Geographic & Random Trivia-GR** 9:15 News & Travel Time to 50's-MS/GR 10:00 Band & Ball Stretch Exercise-GR** 10:30 Volleyball Balloon Game-GR** 1:00 Plaster of Paris Project-GR** 1:00 Puzzles & Dominoes-MS/GR 2:00 Craft Project-MS/GR 3:00 Sing Along & Puzzles-MS/GR 4:15 Clay Project-GR**	8:30 Music Memories & Multisensory Activities-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:20 Chicken Soup for the Soul & Puzzles-GR** 10:00 Cardio Drumming-GR** 10:30 Balloon Toss-MS/GR 1:00 Scrapbooking & Card Decoration-MS/GR 1:30 Scenic Drive to Star of India-MS** 2:00 BINGO- MS/GR	8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 News & Travel Time to 50's-MS/GR 10:00 Sit & Be Fit-GR ** 10:30 Volleyball Balloon Game-GR** 1:00 Clay Project-MS/GR 2:00 Hockey Ball Game-MS/GR 3:00 50's Music Sing Along & -MS/GR 4:15 Puzzles & Dominoes-GR** 5:15 Watercolor Project-GR** 7:00 "Musical Movies"-VT	8:30 Aromatherapy & Music Band Era Reminisce-MS* 8:30 National Geographic Reading & Card Matching-GR** 9:15 Memory Games & Trivia-MS/GR 10:00 Cardio Drumming-GR** 10:30 Volleyball Balloon Game-GR** 1:00 Craft Project-GR ** 1:30 Scenic Drive to Seaport Village-MS** 2:00 BINGO- MS/GR 3:00 Ball Toss-MS/GR 4:15 Watercolor & Movie Star Trivia-GR**	8:30 Music Memories & Multisensory Activities-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Travel Time to 50's-MS/GR 10:00 Sit & be Fit-GR ** 10:30 Hockey Ball Game-MS/GR 1:00 Garden Visit-CY 2:00 Welcome New Resident Ice Cream Social w/Rikacha-GR 3:00 Balloon Toss-MS/GR 4:15 Bingo Night-GR**	8:30 States & Capitals Memory Exerc.-GR** 8:30 Watercolor & Multisensory act.-MS* 9:15 News, Wordsearch & Crosswords-MS/GR 10:00 Cardio Drumming-GR** 10:30 Balloon Tennis-MS/GR 1:00 Random Trivia & Table Games-MS/GR 2:00 Scenic Dr. to Embarcadero-MS** 2:00 Paper Craft Project-MS/CR 3:00 Balloon Toss-MS/GR 4:15 Clay Project-GR** 5:15 Puzzles & Dominoes-GR**
8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Word Search & Crosswords-GR ** 9:15 News & Random Trivia-MS/GR 10:00 Cardio Drumming-GR** 10:30 Volleyball Balloon Game-GR** 1:00 Finish the line-MS/GR 1:30 Men's Club: Sports Review-GR** 2:00 Craft Project-MS/GR 2:30 Pop Corn & Family Bingo Social-MS/GR 3:00 Balloon Toss-MS/GR 4:15 Watercolor Project-GR**	8:30 Aromatherapy & Music Band Era Reminisce-MS* 8:30 National Geographic & Random Trivia-GR** 9:15 News & Travel Time to 50's-MS/GR 10:00 Band & Ball Stretch Exercise-GR** 10:30 Volleyball Balloon Game-GR** 1:00 Plaster of Paris Project-GR** 1:00 Puzzles & Dominoes-MS/GR 2:00 Craft Project-MS/GR 3:00 Sing Along & Puzzles-MS/GR 4:15 Clay Project-GR**	8:30 Music Memories & Multisensory Activities-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:20 Chicken Soup for the Soul & Puzzles-GR** 10:00 Cardio Drumming-GR** 10:30 Balloon Toss-MS/GR 1:00 Scrapbooking & Card Decoration-MS/GR 1:30 Scenic Drive to Harbor Island-MS** 2:00 BINGO- MS/GR	8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 News & Travel Time to 50's-MS/GR 10:00 Sit & be Fit-GR ** 10:30 Volleyball Balloon Game-GR** 1:00 Clay Project-MS/GR 2:00 Hockey Ball Game-MS/GR 3:00 50's Music Sing Along -MS/GR 4:15 Puzzles & Dominoes-GR** 5:15 Watercolor Project-GR** 7:00 "Musical Movies"-VT	8:30 Aromatherapy & Music Band Era Reminisce-MS* 8:30 National Geographic Reading & Card Matching-GR** 9:20 Memory Games & Trivia-MS/GR 10:00 Cardio Drumming-GR** 10:30 Volleyball Balloon Game-GR** 1:00 Craft Project-GR ** 2:00 BINGO- MS/GR 3:00 Ball Toss-MS/GR 4:15 Watercolor & Movie Star Trivia-GR** 5:15 Card Games & puzzles-GR**	8:30 Music Memories & Multisensory Activities-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Travel Time to 50's--MS/GR 10:00 Sit & be Fit-GR ** 10:30 Hockey Ball Game-MS/GR 1:00 Garden Visit-CY 2:00 Pet Therapy w/Heart N Soul-GR 3:00 Balloon Toss-MS/GR 4:15 Bingo Night-GR** 5:30 Abiding Ministries-MS/GR	8:30 States & Capitals Memory Exer.-GR** 8:30 Watercolor & Multisensory act.-MS* 9:15 News, Wordsearch & Crosswords-MS/GR 10:00 Cardio Drumming-GR** 10:30 Balloon Tennis-MS/GR 1:00 Random Trivia & Table Games-MS/GR 2:00 Christian Service w/Ed Equid-C 2:00 Paper Craft Project-MS/CR 3:00 Balloon Toss-MS/GR 4:15 Clay Project-GR** 5:15 Puzzles & Dominoes-GR**
8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Word Search & Crosswords-GR ** 9:15 News & Random Trivia-MS/GR 10:00 Cardio Drumming-GR** 10:00 Catholic Communion-C 10:30 Volleyball Balloon Game-GR** 1:00 Finish the Line-MS/GR 1:30 Men's Club: Sports Review-GR** 2:00 Craft Project-GR ** 2:30 Pop Corn & Family Bingo Social-MS/GR 3:00 Ball Toss-MS/GR	8:30 Aromatherapy & Music Band Era Reminisce-MS* 8:30 National Geographic & Random Trivia-GR** 9:15 News & Travel Time to 50's-MS/GR 10:00 Band & Ball Stretch Exercise-GR** 10:30 Volleyball Balloon Game-GR** 1:00 Plaster of Paris Project-GR** 1:00 Puzzles & Dominoes-MS/GR 2:00 Craft Project-MS/GR 3:00 Sing Along & Puzzles-MS/GR 4:15 Clay Project-GR**	8:30 Music Memories & Multisensory Activities-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:20 Chicken Soup for the Soul & Puzzles-GR** 10:00 Cardio Drumming-GR** 10:30 Balloon Toss-MS/GR 1:00 Scrapbooking & Card Decoration-MS/GR 1:30 Scenic Drive to Coronado-MS** 2:00 BINGO- MS/GR	8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch and Memory Game-GR** 9:15 News & Travel Time to 50's-MS/GR 10:00 Cardio Drumming-GR** 10:30 Volleyball Balloon Game-GR** 1:00 Clay Project-MS/GR 2:00 Hockey Ball Game-MS/GR 3:00 50's Music Sing Along -MS/GR 4:15 Puzzles & Dominoes-GR** 5:15 Watercolor Project-GR** 7:00 "Musical Movies"-VT	8:30 Aromatherapy & Music Band Era Reminisce-MS* 8:30 National Geographic Reading & Card Matching-GR** 9:20 Memory Games & Trivia-MS/GR 10:00 Band & Ball Stretch Exercise-GR** 10:00 Cardio Drumming-GR** 10:30 Volleyball Balloon Game-GR** 11:30 Parkview Picnic at Heritage Park-HP 1:00 Craft Project-GR ** 2:00 BINGO- MS/GR 3:00 Ball Toss-MS/GR	8:30 Music Memories & Multisensory Activities-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Travel Time to 50's-MS/GR 10:00 Sit & be Fit-GR ** 10:30 Hockey Ball Game-MS/GR 1:00 Garden Visit-CY 2:00 Jewelry Making-GR** 3:00 Balloon Toss-MS/GR 4:15 Bingo Night-GR** 5:30 Abiding Ministries-MS/GR	8:30 States & Capitals Memory Exerc.-GR** 8:30 Watercolor & Multisensory act.-GR** 9:15 News, Wordsearch & Crosswords-MS/GR 10:00 Cardio Drumming-GR** 10:30 Balloon Tennis-MS/GR 1:00 Random Trivia & Table Games-MS/GR 2:00 Cooking & Tasting-GR 4:15 Clay Project-GR** 5:15 Puzzles & Dominoes-GR** 7:00 Romantic Movies - VT
8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Word Search & Crosswords-GR ** 9:15 News & Random Trivia-MS/GR 10:00 Cardio Drumming-GR** 10:30 Volleyball Balloon Game-GR** 1:00 Finish the line-MS/GR 1:30 Men's Club: Sports Review-GR** 2:00 Craft Project-MS/GR 2:30 Pop Corn & Family Bingo Social-MS/GR 3:00 Ball Toss-MS/GR 4:15 Watercolor Project-GR**	8:30 Aromatherapy & Music Band Era Reminisce-MS* 8:30 National Geographic & Random Trivia-GR** 9:15 News & Travel Time to 50's-MS/GR 10:00 Band & Ball Stretch Exercise-GR** 10:30 Volleyball Balloon Game-GR** 1:00 Plaster of Paris Project-GR** 1:00 Puzzles & Dominoes-MS/GR 2:00 Craft Project-MS/GR 3:00 Sing Along & Puzzles-MS/GR 4:15 Clay Project-GR**	8:30 Music Memories & Multisensory Activities-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:20 Chicken Soup for the Soul & Puzzles-GR** 10:00 Cardio Drumming-GR** 10:30 Balloon Tennis-MS/GR 1:00 Scrapbooking & Card Decoration-MS/GR 1:30 Scenic Drive to Chula Vista Marina on "J" St.-MS**	8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 News & Travel Time to 50's-MS/GR 10:00 Cardio Drumming-GR** 10:00 Chair Fitness-MS* 10:30 Volleyball Balloon Game-GR** 1:00 Clay Project-MS/GR 2:00 Birthday Celebration Soc. w/ Raymond-GR 3:00 50's Music Sing Along -MS/GR 4:15 Puzzles & Dominoes-GR**	8:30 Aromatherapy & Music Band Era Reminisce-MS* 8:30 National Geographic Reading & Card Matching-GR** 9:20 Memory Games & Trivia-MS/GR 10:00 Cardio Drumming-GR** 10:30 Volleyball Balloon Game-GR** 1:00 Craft Project-GR ** 1:30 Scenic Drive to Harbor Island-MS** 2:00 BINGO- MS/GR 3:00 Ball Toss-MS/GR 4:15 Watercolor & Movie Star Trivia-GR**	8:30 Music Memories & Multisensory Activities-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Travel Time to 50's-MS/GR 10:00 Sit & be Fit-GR ** 10:30 Hockey Ball Game-MS/GR 1:00 Garden Visit-CY 2:00 Jewelry Making-GR** 3:00 Balloon Toss-MS/GR 4:15 Bingo Night-GR** 5:30 Abiding Ministries-MS/GR	8:30 States & Capitals Memory Exerc.-GR** 8:30 Watercolor & Multisensory act-GR** 9:15 News, Wordsearch & Crosswords-MS/GR 10:00 Cardio Drumming-GR** 10:30 Balloon Tennis-MS/GR 1:00 Random Trivia & Table Games-MS/GR 1:30 Scenic Drive to Midway Museum-MS** 2:00 Christian Service w/Ed Equid-C 2:00 Paper Craft Project-MS/CR 4:15 Clay Project-GR** 5:15 Puzzles & Dominoes-GR**
8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Word search & Crosswords-GR** 9:15 News & Random Trivia-MS/GR 10:00 Cardio Drumming-GR** 10:30 Volleyball Balloon Game-GR** 1:00 Finish the Line-MS/GR 1:30 Men's Club: Sports Review-GR** 2:00 Craft Project-MS/GR 2:45 San Diego Zoo Visit-GR** 4:15 Watercolor Project-GR** 7:00 Classic Movies-VT	 PARADISE VILLAGE A GENERATIONS COMMUNITY					