

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>August 2025</div> <div>Independent Living</div>					<div>9:00 Grocery Shopping: Winco, Fred Meyer, Target (GA, OR, COTT)</div> <div>10:00 Grocery Shopping: Winco, Fred Meyer, Target (GR &amp; WYN)</div> <div>10:00 Golf w/ Friends (VC)</div> <div>10:30 Prayer Service (CH)</div> <div>11:00 Standing Balance Class (CR)</div> <div>12-2 EAF FUN FAIR</div> <div>2:30 Performance: Music We Remember (RA)</div>	<div>9:00 Coffee Hour (CR)</div> <div>11:00 Church Service (CH)</div> <div>1:30 Poker (BR)</div> <div>6:30 Hand and Foot Card Game (CR)</div> <div>Vitality Center Open 9AM-3PM</div>
<div>10:00 Pickleball w/ Friends (VC)</div> <div>11:00 Church Service (CH)</div> <div>2:30 Sunday Matinee: The Notebook (MT)</div> <div>Vitality Center Open 9AM-3PM</div>	<div>9:00 Grocery Shopping: Trader Joe's</div> <div>10:00 Chair Yoga w/ Lisa (CR)</div> <div>Grocery Shopping: Fred Meyer:</div> <div>1:00 Gardens, Cottages,</div> <div>2:00 Greens/ Wynridge</div> <div>3:00 Orchards</div> <div>6:30 Mahjong (GR2)</div> <div>Building Meetings w/ Elizabeth</div>	<div>10:00 Pickleball w/ Friends (VC)</div> <div>10:00 Aqua Zumba (Pool)</div> <div>10:00 Sit &amp; Stretch (CR)</div> <div>10:30 Balance &amp; Bands (CR)</div> <div>11:00 Low Impact Cardio (CR)</div> <div>1:00 Ladies Bible Study (CR)</div> <div>3:00 10K Dice Game (GR2)</div> <div>4:00 Wii Bowling (BR)</div>	<div>Excursion: 9:00 AM: Swan Island Dahlias+ Food Carts</div> <div>11:00 Docuseries: You Are What You Eat Ep.1 (MT)</div> <div>12:30 Knitting &amp; Crochet Group (CR)</div> <div>1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH)</div> <div>2:00 Painting w/ Brian (CR)</div> <div>6:15 Monte Carlo Bingo (CR)</div> <div>7:00 Midweek Devotional Service (CH)</div>	<div>10:00 Pickleball w/ Friends (VC)</div> <div>10:00 Aqua Fitness (Pool)</div> <div>10:00 Sit &amp; Stretch (CR)</div> <div>10:30 Balance &amp; Bands (CR)</div> <div>11:00 Low Impact Cardio (CR)</div> <div>11:00 Parkinson's Support Group (BR)</div> <div>1:30 Women's Discussion Group (CR)</div> <div>1:30 CWV Writer's Group (AS)</div> <div>2:00 Sight Loss Support Group (Vault)</div> <div>3:00 Garden Club (Not Meeting in August)</div> <div>5:00 Wii Bowling (BR)</div> <div>6:30 Board Games (CR)</div>	<div>9:00 Grocery Shopping: Winco, Fred Meyer Target (GA, OR, COTT)</div> <div>10:00 Grocery Shopping: Winco, Fred Meyer, Target (Greens, Wynridge)</div> <div>10:00 Golf w/ Friends (VC)</div> <div>11:00 Intro to Grief Support Group (CR)</div> <div>10:30 Prayer Service (CH)</div> <div>11-2 CWV LUAU</div> <div>12:00 Catholic Mass (CH)</div> <div>2:30 Performance: Dom Franco (RA)</div>	<div>9:00 Coffee Hour (CR)</div> <div>11:00 Church Service (CH)</div> <div>6:30 Hand and Foot Card Game (CR)</div> <div>Vitality Center Open 9AM-3PM</div>
<div>10:00 Pickleball w/ Friends (VC)</div> <div>11:00 Church Service (CH)</div> <div>2:30 Sunday Matinee: American Graffiti (MT)</div> <div>Vitality Center Open 9AM-3PM</div>	<div>9:00 Walking Club</div> <div>10:00 Tai Chi (CR)</div> <div>Grocery Shopping: Fred Meyer</div> <div>1:00 Gardens, Cottages,</div> <div>2:00 Greens/ Wynridge</div> <div>3:00 Orchards</div> <div>1:00 AgeStrong Presentation (BR)</div> <div>2:00 Classical Music Club (CR)</div> <div>5:00 Wii Bowling (BR)</div> <div>6:30 Mahjong (GR2)</div>	<div>10:00 Pickleball w/ Friends (VC)</div> <div>10:00 Aqua Zumba (Pool)</div> <div>10:00 Sit &amp; Stretch (CR)</div> <div>10:30 Balance &amp; Bands (CR)</div> <div>11:00 Low Impact Cardio (CR)</div> <div>1:00 Ladies Bible Study (CR)</div> <div>2:30 Pottery Class (AS)</div> <div>3:00 10K Dice Game (GR2)</div> <div>4:00 Wii Bowling (BR)</div>	<div>Excursion: 8:30 AM: Picnic at Timothy Lake</div> <div>11:00 Docuseries: You Are What You Eat Ep.2 (MT)</div> <div>1:00 Historic School Buildings w/ Darrell Jabin (BR)</div> <div>1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH)</div> <div>2:00 Painting w/ Brian (CR)</div> <div>6:15 Monte Carlo Bingo (CR)</div> <div>7:00 Midweek Devotional Service (CH)</div>	<div>10:00 Pickleball w/ Friends (VC)</div> <div>10:00 Aqua Fitness (Pool)</div> <div>10:00 Sit &amp; Stretch (CR)</div> <div>10:30 Balance &amp; Bands (CR)</div> <div>10:30 Lutheran Worship Service (CH)</div> <div>11:00 Low Impact Cardio (CR)</div> <div>1:30 Women's Discussion (CR)</div> <div>3:30 Community Choir (CH)</div> <div>5:00 Wii Bowling (BR)</div> <div>6:30 Board Games (CR)</div>	<div>9:00 Grocery Shopping: Winco, Fred Meyer, Target (GA, OR, COTT)</div> <div>10:00 Grocery Shopping: Winco, Fred Meyer, Target (Greens, Wynridge)</div> <div>10:00 Golf w/ Friends (VC)</div> <div>10:30 Prayer Service (CH)</div> <div>2:30 Performance: Gordan Herman (RA)</div>	<div>9:00 Coffee Hour (CR)</div> <div>11:00 Church Service (CH)</div> <div>1:30 Poker (BR)</div> <div>6:30 Hand and Foot Card Game (CR)</div> <div>Vitality Center Open 9AM-3PM</div>
<div>10:00 Pickleball w/ Friends (VC)</div> <div>11:00 Church Service (CH)</div> <div>2:30 Sunday Matinee: Inside The Mind of a Dog (MT)</div> <div>Vitality Center Open 9AM-3PM</div>	<div>9:00 Grocery Shopping: Trader Joe's</div> <div>10:00 Chair Yoga w/ Lisa (CR)</div> <div>Grocery Shopping: Fred Meyer:</div> <div>1:00 Gardens, Cottages,</div> <div>2:00 Greens/ Wynridge</div> <div>5:00 Wii Bowling (BR)</div> <div>6:30 Mahjong (GR2)</div>	<div>10:00 Pickleball w/ Friends (VC)</div> <div>10:00 Aqua Zumba (Pool)</div> <div>10:00 Sit &amp; Stretch (CR)</div> <div>10:30 Balance &amp; Bands (CR)</div> <div>11:00 Low Impact Cardio (CR)</div> <div>1:00 Ladies Bible Study (CR)</div> <div>3:00 10K Dice Game (GR2)</div> <div>4:00 Wii Bowling (BR)</div>	<div>Excursion: 8:45 AM: Men's Breakfast, Mother's Cafe</div> <div>11:00 Docuseries: You Are What You Eat Ep.3 (MT)</div> <div>12:30 Knitting &amp; Crochet Group (CR)</div> <div>1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH)</div> <div>2:00 Painting w/ Brian (CR)</div> <div>3:30 Fruit Cup Social Hour (CY)</div> <div>6:15 Monte Carlo Bingo (CR)</div> <div>7:00 Midweek Devotional Service (CH)</div>	<div>10:00 Pickleball w/ Friends (VC)</div> <div>10:00 Aqua Fitness (Pool)</div> <div>10:00 Sit &amp; Stretch (CR)</div> <div>10:30 Balance &amp; Bands (CR)</div> <div>11:00 Low Impact Cardio (CR)</div> <div>11:00 Parkinson's Support Group (BR)</div> <div>1:30 Women's Discussion (CR)</div> <div>2:30 Town Hall (VSG)</div> <div>3:30 Community Choir (CH)</div> <div>5:00 Wii Bowling (BR)</div> <div>6:30 Board Games (CR)</div>	<div>9:00 Grocery Shopping: Winco, Fred Meyer, Target (GA, OR, COTT)</div> <div>10:00 Grocery Shopping: (Greens, Wynridge)</div> <div>10:00 Golf w/ Friends (VC)</div> <div>10:30 Prayer Service (CH)</div> <div>11:00 Threshold Singers (CR)</div> <div>12:00 Catholic Communion Service (CH)</div> <div>1:30 Book Club (BR)</div> <div>2:30 Performance: Reliving the Radio (RA)</div> <div>3:30 Patio Social Hour (CY)</div>	<div>9:00 Coffee Hour (CR)</div> <div>11:00 Church Service (CH)</div> <div>6:30 Hand and Foot Card Game (CR)</div> <div>Vitality Center Open 9AM-3PM</div>
<div>10:00 Pickleball w/ Friends (VC)</div> <div>11:00 Church Service (CH)</div> <div>2:30 Sunday Matinee: The Age of Innocence (MT)</div> <div>Vitality Center Open 9AM-3PM</div>	<div>9:00 Walking Club</div> <div>Grocery Shopping: Fred Meyer</div> <div>1:00 Gardens, Cottages</div> <div>2:00 Greens, Wynridge</div> <div>3:00 Orchards</div> <div>10:00 Tai Chi (CR)</div> <div>11:00 Reader's Theater (BR)</div> <div>1:00 History of Scott Joplin w/ Gordon Herman (CR)</div> <div>2:00 Classical Music Club (BR)</div> <div>5:00 Wii Bowling (BR)</div> <div>6:30 Mahjong (GR2)</div>	<div>10:00 Pickleball w/ Friends (VC)</div> <div>10:00 Aqua Zumba (Pool)</div> <div>10:00 Sit &amp; Stretch (CR)</div> <div>10:30 Balance &amp; Bands (CR)</div> <div>11:00 Low Impact Cardio (CR)</div> <div>1:00 Ladies Bible Study (CR)</div> <div>2:30 Pottery Class (AS)</div> <div>3:00 10K Dice Game (GR2)</div> <div>4:00 Wii Bowling (BR)</div>	<div>Excursion: 11:00 AM: Ladie's Lunch, Roman Russian Cafe</div> <div>10:00 Tai Chi (CR)</div> <div>11:00 Docuseries: You Are What You Eat Ep.4 (MT)</div> <div>12:30 Knitting &amp; Crochet Group (CR)</div> <div>1:30 Midweek "Pick Me Up" w/ Chaplain Dennis (CH)</div> <div>2:00 Painting w/ Brian (CR)</div> <div>6:15 Monte Carlo Bingo (CR)</div> <div>7:00 Midweek Devotional Service (CH)</div>	<div>10:00 Pickleball w/ Friends (VC)</div> <div>10:00 Aqua Fitness (Pool)</div> <div>10:00 Sit &amp; Stretch (CR)</div> <div>10:30 Balance &amp; Bands (CR)</div> <div>11:00 Low Impact Cardio (CR)</div> <div>1:30 Women's Discussion (CR)</div> <div>5:00 Wii Bowling (BR)</div> <div>6:30 Board Games (CR)</div>	<div>9:00 Grocery Shopping: Winco, Fred Meyer, Target (GA, OR, COTT)</div> <div>10:00 Grocery Shopping: Winco, Fred Meyer, Target (Greens, Wynridge)</div> <div>10:00 Golf w/ Friends (VC)</div> <div>10:30 Prayer Service (CH)</div> <div>2:30 Popcorn on the Go (RA)</div>	<div>9:00 Coffee Hour (CR)</div> <div>11:00 Church Service (CH)</div> <div>6:30 Hand and Foot Card Game (CR)</div> <div>Vitality Center Open 9AM-3PM</div>
<div>10:00 Pickleball w/ Friends (VC)</div> <div>11:00 Church Service (CH)</div> <div>2:30 Sunday Matinee: The Great Outdoors (MT)</div> <div>Vitality Center Open 9AM-3PM</div>	<div>Location Key:</div> <div>AS-Art Studio, BR-Board Room, CR-Community Room, MT-Movie Theater, VC-Vitality, GR2-Greens 2nd Floor, GR3-Greens 3rd Floor, CH- Chapel, RA-Royal Anne Dining Room, CY-Courtyard</div> <div>RED-OFF Campus</div> <div>BLUE-Vitality Staff Led Events</div>					

ALL ACTIVITIES AND EVENTS ARE SUBJECT TO CHANGE BASED ON STAFF AND RESIDENT NEEDS.